Introduction ........................................................................................................................................... 3
Your Career Daydream .......................................................................................................................... 4
What You Enjoy ...................................................................................................................................... 5
Your Interests ......................................................................................................................................... 6
Your Personality ...................................................................................................................................... 8
Your Skills ........................................................................................................................................... 13
Your Values .......................................................................................................................................... 16
Your Career Fit ....................................................................................................................................... 17
Are you undecided about which major or career path to choose?

You are a unique individual, full of potential to pursue and accomplish your career dreams. Sometimes it can seem very overwhelming to figure out which next step to take. With a little reflection and organization, however, this process can be so much easier.

Finding Your Career Fit is a 4-step process to discover your interests, personality type, skills/talents, and values that complement various career environments. While these 4 areas will be assessed individually, in order to explore careers that would be a good fit for you, it is important to consider where they overlap.

It is in the overlap of these 4-areas that your career fit can be identified.
DIRECTIONS: Close your eyes and imagine yourself in your dream career. Then, answer the following questions. What do your responses reveal about possible careers you could explore?

1. What time would you wake up in the morning? ________________________________

2. What would you wear to work? ________________________________

3. Do you imagine yourself living in a house, apartment, condo, etc.? ________________________________

4. How would you get to work? (car, train, bus, other) ________________________________

5. What would your work setting look like? (office, outdoors, home office, classroom, other) ________________________________

6. How many people would you prefer to work with? (lots, a few, work independently) ________________________________

7. How active would you be throughout the day? (sit at computer/standing & sitting) ________________________________

8. What would be the focus/purpose of your work? (helping people, developing a product, etc.) ________________________________

9. What are three work activities that you would want to incorporate during the day? ________________________________

10. How would you serve others in the work you do? ________________________________

11. How much yearly salary would you desire to make in this profession? ________________________________

12. What would your personal life look like? (single, married, children, pets, hobbies) ________________________________
what you enjoy

**DIRECTIONS:** Think about your interests on a personal level when responding to the following questions:

1. What books, TV shows, or movies do you MOST enjoy?

2. What are your hobbies?

3. What do you enjoy talking about with your friends?

4. What do you do on a regular basis that you would enjoy doing for free – unconcerned about payment?

What are the THEMES within the information you listed above (i.e., adventure, helping people, researching, leading, etc.)? Even if you have multiple interests, this can be a good starting point to identify majors and careers that align with those interests.

Go to O*NET, [http://www.onetonline.org](http://www.onetonline.org) You can use keywords in the “Quick Search” box to search for jobs related to your interests.
your interests

**DIRECTIONS:** Put a check by each activity you enjoy. Then, add up the checks in each column and total each section. What are your top 3 interest areas (i.e., Artistic, Enterprising, Social – AES)? List top 3 on next page.

<table>
<thead>
<tr>
<th>Realistic</th>
<th>Investigative</th>
<th>Artistic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Producing tangible results</td>
<td>Solving abstract problems</td>
<td>Composing music</td>
</tr>
<tr>
<td>Fixing things</td>
<td>Analyzing information</td>
<td>Acting, performing</td>
</tr>
<tr>
<td>Constructing, building</td>
<td>Conducting research</td>
<td>Decorating</td>
</tr>
<tr>
<td>Using tools</td>
<td>Learning new facts</td>
<td>Playing instruments</td>
</tr>
<tr>
<td>Being outdoors</td>
<td>Exploring theories</td>
<td>Designing</td>
</tr>
<tr>
<td>Making things work</td>
<td>Collecting data</td>
<td>Going to museums</td>
</tr>
<tr>
<td>Action-oriented activities</td>
<td>Detailed activities</td>
<td>Attending concerts</td>
</tr>
<tr>
<td>Working with my hands</td>
<td>Academic achievement</td>
<td>Writing poetry, stories</td>
</tr>
<tr>
<td>Hunting, camping, hiking</td>
<td>Developing knowledge</td>
<td>Reading</td>
</tr>
<tr>
<td>Solving problems</td>
<td>Designing systems</td>
<td>Dancing, yoga</td>
</tr>
<tr>
<td>Repairing, refinishing</td>
<td>Working in lab</td>
<td>Drawing, painting</td>
</tr>
<tr>
<td>Using equipment</td>
<td>Enjoy scientific settings</td>
<td>Cooking, entertaining</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total</th>
<th></th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social</td>
<td></td>
<td>Conventional</td>
</tr>
<tr>
<td>Working in groups</td>
<td>Speaking in public</td>
<td>Using spreadsheets</td>
</tr>
<tr>
<td>Supporting others</td>
<td>Fund-raising</td>
<td>Keeping records</td>
</tr>
<tr>
<td>Building relationships</td>
<td>Debating ideas</td>
<td>Filing, organizing</td>
</tr>
<tr>
<td>Communication</td>
<td>Persuading, influential</td>
<td>Making charts, graphs</td>
</tr>
<tr>
<td>Listening to people</td>
<td>Chairing committees</td>
<td>Writing reports</td>
</tr>
<tr>
<td>Collaborating</td>
<td>Managing people</td>
<td>Attention to detail</td>
</tr>
<tr>
<td>Encouraging</td>
<td>Competing</td>
<td>Using computer software</td>
</tr>
<tr>
<td>Empowering</td>
<td>Asserting ideas</td>
<td>Conducting analyses</td>
</tr>
<tr>
<td>Helping others</td>
<td>Taking risks</td>
<td>Creating efficiency</td>
</tr>
<tr>
<td>Teaching, instructing</td>
<td>Earning money</td>
<td>Office procedures</td>
</tr>
<tr>
<td>Coaching, training</td>
<td>Being an entrepreneur</td>
<td>Performing calculations</td>
</tr>
<tr>
<td>Volunteering</td>
<td>Negotiating</td>
<td>Following the rules</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total</th>
<th>Total</th>
<th>Total</th>
</tr>
</thead>
</table>

6 | Page
DIRECTIONS: Find your 3-letter code’s descriptions below. On page 17, write themes that match who you are as well as careers of interest in the space provided for INTERESTS.
DIRECTIONS:

1. In the following 4 sections, put a check next to the sentence, on either side, that best describes how you tend to think or act on a daily basis.

2. Add up each column.

3. Subtract the lower number from the higher number and circle the corresponding number on the scale below to see where you range. (Example: Extroversion 6 – Introversion 3 = Circle 3 on Extroversion side)

4. If you have an equal amount of checks on each side, circle “0” meaning a balance in those areas.

5. What THEMES emerge?

* Self-assessment is based on the Myers-Briggs Personality Type Indicator

---

## How we interact with the world and where we gain energy

<table>
<thead>
<tr>
<th></th>
<th>EXTROVERSION</th>
<th>INTROVERSION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are energized by being with other people</td>
<td>Are energized by spending time alone</td>
<td></td>
</tr>
<tr>
<td>Like being the center of attention</td>
<td>Avoid being the center of attention</td>
<td></td>
</tr>
<tr>
<td>Act, then think</td>
<td>Think, then act</td>
<td></td>
</tr>
<tr>
<td>Tend to think out loud</td>
<td>Think through ideas inside their head</td>
<td></td>
</tr>
<tr>
<td>Are easier to &quot;read&quot; and know; share personal information more freely</td>
<td>Are more private; prefer to share personal information with a select few</td>
<td></td>
</tr>
<tr>
<td>Talk more than listen</td>
<td>Listen more than talk</td>
<td></td>
</tr>
<tr>
<td>Communicate with enthusiasm</td>
<td>Keep their enthusiasm to themselves</td>
<td></td>
</tr>
<tr>
<td>Respond quickly; enjoy a fast pace</td>
<td>Respond after thinking things through</td>
<td></td>
</tr>
<tr>
<td>Prefer breadth to depth</td>
<td>Prefer depth to breadth</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total Extroversion Score</th>
<th>Total Introversion Score</th>
</tr>
</thead>
</table>

EXTROVERSION 9-----8-----7-----6-----5-----4-----3-----2-----1-----0-----1-----2-----3-----4-----5-----6-----7-----8-----9  INTROVERSION
### How we learn about the world

<table>
<thead>
<tr>
<th>SENSING</th>
<th>INTUITION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trust what is certain and concrete</td>
<td>Trust inspiration and inference</td>
</tr>
<tr>
<td>Like new ideas only if they have practical application</td>
<td>Like new ideas and concepts for their own sake</td>
</tr>
<tr>
<td>Value realism and common sense</td>
<td>Value imagination and innovation</td>
</tr>
<tr>
<td>Like to use and hone established skills</td>
<td>Like to learn new skills; get bored easily after mastering skills</td>
</tr>
<tr>
<td>Present information in a step by step manner</td>
<td>Present information through leaps, in a roundabout manner</td>
</tr>
<tr>
<td>Oriented to the present</td>
<td>Oriented toward the future</td>
</tr>
</tbody>
</table>

**Total Sensing Score** | **Total Intuition Score**

### How we make decisions

<table>
<thead>
<tr>
<th>THINKING</th>
<th>FEELING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step back; apply impersonal analysis to problems</td>
<td>Step forward; consider the effect of actions on others</td>
</tr>
<tr>
<td>Value logic, justice, and fairness; one standard for all</td>
<td>Value empathy and harmony; see the exception to the rule</td>
</tr>
<tr>
<td>Naturally see flaws and tend to be critical</td>
<td>Naturally like to please others; show appreciation easily</td>
</tr>
<tr>
<td>May be seen as heartless, insensitive and uncaring</td>
<td>May be seen as over-emotional, illogical and weak</td>
</tr>
<tr>
<td>Consider it more important to be truthful than tactful</td>
<td>Consider it important to be tactful as well as truthful</td>
</tr>
<tr>
<td>Believe feelings are valid only if they are logical</td>
<td>Believe any feeling is valid, whether it makes sense or not</td>
</tr>
<tr>
<td>Are motivated by a desire for achievement and accomplishment</td>
<td>Are motivated by a desire to be appreciated</td>
</tr>
</tbody>
</table>

**Total Thinking Score** | **Total Feeling Score**

**THINKING** 7-----6-----5-----4-----3-----2-----1-----0-----1-----2-----3-----4-----5-----6-----7 **FEELING**
### How we prefer to live

<table>
<thead>
<tr>
<th>JUDGING</th>
<th>PERCEIVING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are happiest after decisions are made</td>
<td>Are happiest leaving their options open</td>
</tr>
<tr>
<td>Have a “work ethic”; work first, play later</td>
<td>Have a “play ethic”; enjoy now, finish the job later</td>
</tr>
<tr>
<td>Set goals and work towards achieving them on time</td>
<td>Change goals as new information becomes available</td>
</tr>
<tr>
<td>Prefer knowing what they are getting into</td>
<td>Like adapting to new situations</td>
</tr>
<tr>
<td>Are product-oriented (emphasis is on completing the task)</td>
<td>Are process-oriented (emphasis in on how the task is completed)</td>
</tr>
<tr>
<td>Derive satisfaction from finishing projects</td>
<td>Derive satisfaction from starting projects</td>
</tr>
<tr>
<td>See time as a finite resource and take deadlines seriously</td>
<td>See time as a renewable resource and see deadlines as elastic</td>
</tr>
</tbody>
</table>

#### Total Judging Score 7

#### Total Perceiving Score 6

**YOUR PERSONALITY CODE:**

1. Using your 4-letter code from above, review the 16 personality types below, using the first letter of each of your strongest descriptors (example: INTP).
2. Start looking at the many careers that line up with your personality code.
3. Come talk with your Career Consultant at the Career Center to learn more about your assessment results.
16 personality types

DIRECTIONS: Find your 4-letter code below. On page 17, write themes that match who you are as well as careers of interest in the space provided for PERSONALITY.

<table>
<thead>
<tr>
<th>ESTP</th>
<th>ESFP</th>
<th>ESTJ</th>
<th>ESFJ</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flexible</td>
<td>Outgoing</td>
<td>Practical</td>
<td>Warmhearted</td>
</tr>
<tr>
<td>Immediate results</td>
<td>Lover of Life</td>
<td>Realistic</td>
<td>Cooperative</td>
</tr>
<tr>
<td>Energetic</td>
<td>Enthusiastic</td>
<td>Decisive</td>
<td>Desire harmony</td>
</tr>
<tr>
<td>Problem solver</td>
<td>Flexible</td>
<td>Organized</td>
<td>Determined</td>
</tr>
<tr>
<td>Present focus</td>
<td>adaptable</td>
<td>Efficient</td>
<td>Loyal</td>
</tr>
<tr>
<td>Spontaneous</td>
<td>Motivate others</td>
<td>Enjoy routine</td>
<td>Need appreciation</td>
</tr>
<tr>
<td>Spontaneous</td>
<td>Learn best by doing</td>
<td>Forceful</td>
<td>Organized</td>
</tr>
<tr>
<td>Active with others</td>
<td>Problem Solving</td>
<td>Natural leader</td>
<td>Dependable</td>
</tr>
<tr>
<td>Learn by doing</td>
<td>Present Focused</td>
<td>Creates structure</td>
<td>Enjoy variety</td>
</tr>
<tr>
<td>Fun to be around</td>
<td></td>
<td>Honest</td>
<td>Practical</td>
</tr>
</tbody>
</table>

**Possible Careers**
- Sales Representatives
- Marketing Personnel
- Police & Detectives
- Athletes
- Paramedic
- Entrepreneurs

**Possible Careers**
- Artists
- Performers & Actors
- Counselors
- Fashion Designers
- Interior Decorators
- Photographers

**Possible Careers**
- Military Leaders
- Business Leaders
- Police & Detectives
- Judges
- Financial Officers
- Sales Representatives

**Possible Careers**
- Nurses
- Teachers
- Childcare Providers
- Family Physician
- Counselors
- Office Managers

<table>
<thead>
<tr>
<th>ENFJ</th>
<th>ENFP</th>
<th>ENTP</th>
<th>ENTJ</th>
</tr>
</thead>
<tbody>
<tr>
<td>Warm</td>
<td>Enthusiastic</td>
<td>Outspoken</td>
<td>Decisive</td>
</tr>
<tr>
<td>Empathetic</td>
<td>Imaginative</td>
<td>Resourceful</td>
<td>Natural leader</td>
</tr>
<tr>
<td>Catalyst for growth</td>
<td>Confident</td>
<td>Analytical</td>
<td>Enjoy goal setting</td>
</tr>
<tr>
<td>Loyal</td>
<td>Wants affirmation</td>
<td>Dislike routine</td>
<td>Well read</td>
</tr>
<tr>
<td>Sociable</td>
<td>Spontaneous</td>
<td>Creative</td>
<td>Enjoy learning</td>
</tr>
<tr>
<td>Inspiring leader</td>
<td></td>
<td>Communication</td>
<td>Forceful</td>
</tr>
<tr>
<td>Genuine</td>
<td>Flexible</td>
<td>Debater</td>
<td>Driven</td>
</tr>
<tr>
<td>Likes structure</td>
<td></td>
<td>Value knowledge</td>
<td>Impatient</td>
</tr>
<tr>
<td>People skills</td>
<td></td>
<td>Logical</td>
<td>Communication</td>
</tr>
<tr>
<td>Dislike criticism</td>
<td></td>
<td>Solving problems</td>
<td>Future focus</td>
</tr>
</tbody>
</table>

**Possible Careers**
- Consultants
- Psychologists
- Social Workers
- Teachers
- Human Resources
- Event Coordinators

**Possible Careers**
- Consultants
- Psychologists
- Teachers
- Actors
- Writers
- Politicians

**Possible Careers**
- Lawyers
- Engineers
- Scientists
- Sales Representatives
- Computer Programmers
- Psychologists

**Possible Careers**
- Entrepreneurs
- Lawyers
- Judges
- Business Administrators
- Professors
- Managers
Find more personality descriptions and details on these websites:
- [http://www.16personalities.com/personality-types](http://www.16personalities.com/personality-types)

<table>
<thead>
<tr>
<th>ISTP</th>
<th>ISFP</th>
<th>ISTJ</th>
<th>ISFJ</th>
</tr>
</thead>
</table>
| Tolerant & flexible  
Loyal & fair  
Quiet observer  
Analytical  
Independent  
High standards  
Present focus  
Logical & practical  
Use of 5 senses  
Adventurous spirit  | Quiet  
Sensitive & kind  
Present focused  
Personal space  
Loyal  
Dislike conflict  
Trusting  
Service oriented  
Learn by doing  
Flexible schedule  | Quiet, work alone  
Serious  
Like structure  
Practical  
Realistic  
Responsible  
Logical  
Organized  
Value tradition  
Natural leader  | Loyal  
Quiet  
Responsible  
Committed  
Accurate  
Orderly & structured  
Highly observant  
Detail oriented  
Value tradition  
Tangible goals  |

**Possible Careers**
- Chiropractors
- Police Detectives
- Coach/Trainers
- Carpenters
- ER Physicians
- Marine Biologists
- Veterinarians
- Interior Designers
- Pediatricians
- Physical Therapists
- Police Officers
- Fashion Designers

**Possible Careers**
- Managers
- Military Officers
- Administrators
- Teachers
- Lawyers
- Accountants

**Possible Careers**
- Physicians
- Teachers
- Librarians
- Interior Designers
- Guidance Counselors
- Physical Therapists

**Possible Careers**
- Journalists
- Architects
- Researchers
- Psychologists
- Social Workers
- Musicians
- Scientists
- Engineers
- Psychologists
- Pharmacologist
- Web Designers
- Investment Analysts

**Possible Careers**
- Software Designers
- Research Specialists
- Financial Analysts
- Professors
- Creative Writers
- Pharmacists

**Possible Careers**
- Counselors
- Teachers
- Religious Workers
- Social Workers
- HR Managers
- Museum Curators
**your skills**

**DIRECTIONS:** Put a check in the box next to each skill you enjoy using on a daily basis and then add up your checks in each section. Then, look back to see which categories contain your strongest skills! List your strongest skills in the SKILLS category on page 17.

**I. WORKING WITH PEOPLE**

**A. Helping/Human Relations Skills**

**Skill I Enjoy Using**

- Active listening, caring
- Developing rapport and trust
- Working with groups
- Understanding, empathizing, accepting
- Helping others clarify alternatives, values and needs
- Counseling, advising
- Interviewing, referring, consulting
- Dealing constructively with difficult people/situations
- Advocating, negotiating for others, confronting
- Working with special populations, social service

**Total ____ / 10**

**B. Management Skills**

**Skill I Enjoy Using**

- Organization, coordinating (people, programs, structures)
- Supervising, managing, directing, motivating
- Establishing, planning, developing
- Implementing policies and procedures
- Producing, setting up, assigning, maintaining
- Problem-solving, trouble-shooting
- Reconciling conflicts, mediating

**Total ____ / 7**

**C. Communication/Teaching Skills**

**Skill I Enjoy Using**

- Speaking, conversing, telephone skills
- Dealing with general public, providing resources
- Office writing, memos, letters, reports, minutes
- Journalistic writing - newspapers, magazines, blogs
- Proofreading, editing, revising, adapting
- Reading, translating, interpreting
- Teaching, instructing, coaching, tutoring, training
- Leading discussion groups/workshops/performing

**Total ____ / 8**
D. Public Relations/Promotional Sales

**Skill I Enjoy Using**

- Representing (an employer, an organization, an issue)
- Lobbying, building support, advocating
- Coordinating conflicting groups to work together
- Selling (commodities, services, programs, ideas)
- Public presentations, debating, media appearances
- Public information, press releases, newsletters, publicity
- Organizing, planning, executing, producing, directing
- Theatrical poise, stage presence, audio-visual presentations

Total ____ / 8

E. Administration/Leadership

**Skill I Enjoy Using**

- Initiating action, working without supervision, can work under stress
- Defining objectives, setting standards, compromising
- Analyzing situations objectively
- Simplifying complex problems (breaking them down)
- Prioritizing tasks, revising goals, managing time
- Evaluating, reviewing, recommending
- Delegating responsibility, chairing meetings

Total ____ / 7

II. WORKING WITH DATA

A. Numbers/Finance/Office Skills

**Skill I Enjoy Using**

- Computing, calculating, estimating, projecting
- Bookkeeping, accounting, auditing
- Cost analysis, financial planning, budget management
- Taking inventory, appraising, purchasing, buying
- Designing office forms, procedures, filing
- Using statistics, compiling statistical reports
- Attention to detail, follow-through, accuracy, precision

Total ____ / 7

B. Research Analysis

**Skill I Enjoy Using**

- Gathering information, investigation, surveying
- Organizing, classifying, sorting information into categories
- Dissecting, abstracting, seeing patterns of meaning in results
- Conceptualizing, coming up with theories
- Writing articles, summaries, reports
- Synthesizing, getting to essence of core tasks
- Seeing inter-relations between different phenomena

Total ____ / 7
C. Observation/Problem Solving

Skill I Enjoy Using

☐ Sensing, perceiving, examining
☐ Diagnosing, estimating, anticipating, projecting
☐ Drawing plans, drafting
☐ Designing experiments and tests
☐ Tracing errors to their source

Total ____ / 5__

III. WORKING WITH THINGS

A. Physical/Mechanical Skills

Skill I Enjoy Using

☐ Manual Dexterity
☐ Performing intricate lab procedures, preparing slides
☐ Operating equipment, computers
☐ Working with scientific instruments, laboratory machinery, mechanical devices
☐ Using tools, operating heavy machinery (trucks, cranes)
☐ Skilled-trades-carpentry, masonry, plumbing
☐ Plant care, gardening, farming, landscaping
☐ Hiking, walking, camping, bicycling, swimming, dancing
☐ Traveling, navigating

Total ____ / 9__

B. Design and Construction

Skill I Enjoy Using

☐ Molding, shaping, composing
☐ Fixing, adapting, repairing
☐ Measuring physical accuracy or quality
☐ Drawing plans, drafting, crafts
☐ Mechanical problem solving, mechanical ingenuity

Total ____ / 5__

What are your top 3 SKILL areas? (Leadership, Helping Others, etc.)
DIRECTIONS: Sometimes all of our values cannot be represented in every potential career. With this in mind, identify your top 5 values and list them in order from most important to least important in the VALUES section on the following page.

<table>
<thead>
<tr>
<th>Work Values</th>
<th>Description</th>
<th>Important</th>
</tr>
</thead>
<tbody>
<tr>
<td>Variety</td>
<td>Being involved in several activities; changing from one activity to another often; having new experiences</td>
<td></td>
</tr>
<tr>
<td>Accuracy</td>
<td>Doing things in a correct and precise manner; being exact</td>
<td></td>
</tr>
<tr>
<td>Independence</td>
<td>Being free to make decisions and plans using your own judgment</td>
<td></td>
</tr>
<tr>
<td>Adventure</td>
<td>Doing exciting things that often involve the unexpected, danger, or risk</td>
<td></td>
</tr>
<tr>
<td>Routine</td>
<td>Doing something the same way each time</td>
<td></td>
</tr>
<tr>
<td>Interaction</td>
<td>Being involved with people; sharing ideas; developing plans; being part of a group</td>
<td></td>
</tr>
<tr>
<td>Mechanical</td>
<td>Working with things, objects, tools, and machines</td>
<td></td>
</tr>
<tr>
<td>Creativity</td>
<td>Developing new things or ideas; doing things in a new way</td>
<td></td>
</tr>
<tr>
<td>Social</td>
<td>Helping others and being concerned about their needs</td>
<td></td>
</tr>
<tr>
<td>Production</td>
<td>Using your physical skills to work on or make things</td>
<td></td>
</tr>
<tr>
<td>Leadership</td>
<td>Planning activities and managing the duties of others</td>
<td></td>
</tr>
<tr>
<td>Scientific</td>
<td>Experimenting, testing, and trying things</td>
<td></td>
</tr>
<tr>
<td>Communication</td>
<td>Presenting ideas through speaking or writing</td>
<td></td>
</tr>
<tr>
<td>Business</td>
<td>Selling or promoting an idea, product, or service to people</td>
<td></td>
</tr>
<tr>
<td>Expression</td>
<td>Interpreting and expressing feelings, ideas and information</td>
<td></td>
</tr>
<tr>
<td>Influence</td>
<td>Influencing the thinking and behavior of others by providing ideas and information to change their opinions and attitudes</td>
<td></td>
</tr>
<tr>
<td>Recognition</td>
<td>Achieving acceptance, acknowledgement, appreciation, renown</td>
<td></td>
</tr>
<tr>
<td>Economic Reward</td>
<td>Receiving good pay, fringe benefits, and economic incentives</td>
<td></td>
</tr>
<tr>
<td>Esteem</td>
<td>Performing work that provides standing in the eyes of others and evokes respect</td>
<td></td>
</tr>
<tr>
<td>Power</td>
<td>Being in authority, directing others, and making important decisions</td>
<td></td>
</tr>
<tr>
<td>Diversity</td>
<td>Prefers an environment where diversity is valued</td>
<td></td>
</tr>
<tr>
<td>Proximity</td>
<td>Want to work close to where family and friends are located</td>
<td></td>
</tr>
<tr>
<td>Environment</td>
<td>Desire a certain type of work environment: social, casual, professional, indoor, outdoor</td>
<td></td>
</tr>
</tbody>
</table>
**DIRECTIONS**: Under interests, personality, skills, and values, list some of the *themes/key words* that you found in each category (Example: under personality (Introvert) – likes to meet with people one-on-one).

<table>
<thead>
<tr>
<th>INTERESTS</th>
<th>PERSONALITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Pages 6-7)</td>
<td>(Pages 8-12)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SKILLS</th>
<th>VALUES</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Pages 13-15)</td>
<td>(Page 16)</td>
</tr>
</tbody>
</table>

What careers would you like to explore that complement all 4 areas (interests, personality, skills, and values)?